

The ReX Files

Volume 11, Issue 6 Newsletter June 2010

Inside this issue:	深
Team Rex	2
Birthdays In June	3
Did You Know?	3
Service Anniversaries	3
National Safety Month	4
Safety Reminder	4



Summer begins June 21

Free Coffee Day!

To celebrate those employees with Birthdays in June (see Birthday Listing on page 3), there will be *free coffee* from the vending machine starting early AM on June 21st through early AM on June 22nd. ENJOY!

HAPPY BIRTHDAY TO ALL!

Improvement Idea Winner By Johnathan Rex, Plant Mgr.

Congratulations! Kris Hunsicker, the Heat Treat Supervisor for the "A" Shift, is the Improvement Idea winner for the month of May.

Kris submitted an idea to install a floodlight to light under 570 furnace so that operators are better able to see.

There were only 2 improvement ideas submitted in May. The other person contributing was **Nancy Gardner**. Thank you, both, for letting us know your ideas for improvements here at Rex.

The next Improvement Idea spin will be held on Monday, June 21, at 3:10 PM in the Induction area. Kris will be drawing the name of one lucky employee for the "Employee Appreciation" spin. Come and join at the spin if you can. You may be that lucky person and get your chance for a spin on the Rex Wheel of Chance.

Don't forget to submit your ideas for improvements here at Rex. Just write them down on a piece of paper and drop them in the box outside of the Production office.

Perhaps your idea will be voted the winner and you'll have an opportunity to take a spin on the Rex Wheel of Chance.

Monthly Winners

By Johnathan Rex, Plant Mgr.

Our Improvement Idea winner for the month of April was **Tom Felder**, an Inspector in Quality Control. Tom along with Frank Rapine and Michael Davis, also submitting ideas in April, each received a "Thank You" pin and a \$5 lottery ticket.



Tom Felder, the Improvement Idea winner for April, is congratulated by Johnathan Rex, Plant Manager.

Before Tom took his spin on the Rex Wheel of Chance, we had him draw the name of an employee for the "Monthly Employee Appreciation" reward. That lucky winner was **Michael Jackson**, a Furnace Operator on the "A" Shift. Michael was not available to take his spin and will do so on a later date.

We also had Tom draw slips from a bucket that contained the names of all

the people who work for Rex Heat Treat. Five names were drawn and the winners each received a \$5 instant lottery ticket. Those 5 lucky winners of lottery tickets were **Sarah Mansuetti**, **Nancy McKinney**, **Evelyn Chmielewski**, **Richard Harris**, and **Chuba Blaze**.





Johnathan Rex, Plant Manager, hands out "Thank You" pins and lottery tickets to Michael Davis and Frank Rapine, who also submitted ideas in April.

the Rex Wheel of Chance.

When **Tom** took his spin, he won a reward of \$150 plus 1/2 day vacation.

We had an assortment of cookies, fresh oranges and grapes for refreshments, along with free hot beverages from the vending machine.

Please join us at next month's spin if you can. You may be the next Employee Appreciation

nk Rapine, who also submitted ideas in April. winner and have an opportunity to take a spin on



Just hanging out and munching on a snack waiting for the Rex Wheel of Chance spins to get underway. (Tim Plaugher, our photographer, always enjoys taking a few informal shots.)



Johnathan Rex, Plant Manager, hands out lottery tickets to some of the lucky winners—Nancy McKinney, Evelyn Chmielewski, and Chuba

Volume 11, Issue 6 Page 2



Team Rex

Mother's Day May 9, 2010



Just chillin' and waiting for the Race for the Cure to get underway. We had a much smaller team this year and it was a little chilly—Brr-rrr-mbut we still enjoyed doing our part to help raise money for breast cancer research. Team Rex members were Sarah Mansuetti (Team Captain), Johnathan Rex, Anne Rex, Zoe Rex, and J. Will Rex (and even their dog, Ginger Rex), Greg Bruno, Vindon Griffin Jr., Amanda Wheeler (and their daughter Jordyn Griffin), Carmen Smith and Zebedee Smith (Vindon's mom and brother), Nancy Gardner and Nancy's son-in-law, Richard Dupont.



As you can see, there was quite a crowd showing their support for this worthy cause, and we sure had fun doing our part.

If you haven't already done so, please show your support for Team Rex by making a tax deductible donation by either seeing one of the team members or by going online to http://rfcphl.convio.net/goto/teamrex and using a credit or debit card to give to the team as a whole or to one individual team member. Your donation can even be anonymous or in memory of someone you have lost to this devastating disease. Please help us reach our goal. Thanks!



Volume 11, Issue 6 Page 3

A LITTLE HUMOR

Ten Common Fishing Terms That Are Helpful To Know.

Catch and Release - A conservation motion that happens most often right before the local Fish and Game officer pulls over a boat that has caught over its limit.

- Hook 1. A curved piece of metal used to catch fish.
 - 2. A clever advertisement to entice a fisherman to spend his life savings on a new rod and reel
 - 3. The punch administered by said fisherman's wife after he spends their life savings (see also, Right Hook, Left Hook).

Line - Something you give your co-workers when they ask on Monday how your fishing went the past weekend.

Lure - An object that is semi-enticing to fish, but will drive an angler into such a frenzy that he will charge his credit card to the limit before exiting the tackle shop.



Reel - A weighted object that causes a rod to sink quickly when dropped overboard.

Rod - An attractively painted length of fiberglass that keeps an angler from ever getting too close to a fish.

School - A grouping in which fish are taught to avoid your \$29.99 lures and hold out for Spam instead.



Tackle - What your last catch did to you as you reeled him in, but just before he wrestled free and jumped back overboard.

Tackle Box - A box shaped alarmingly like your comprehensive 'first aid kit'. Only a tackle box contains many sharp objects, so that when you reach in the wrong box blindly to get a Band Aid, you soon find that you need more than one



- Test 1. The amount of strength a fishing line affords an angler when fighting fish in a specific weight range.
 - 2. A measure of your creativity in blaming "that darn line" for once again losing the fish.



June are listed below. Let's wish them a happy day.

- 1 Kris Hunsicker
- 4 Nancy Gardner
- 8 John Sherman
- 11 Victor Lopez
- 18 Don Wiggins
- 24 Terry Copenhaver

Yearly Work Anniversaries

The following employees are celebrating their Work Anniversaries in **June**

6 to 10 Years

Over 10 Years

Victor Carrasquillo

Vindon Griffin (12)

You will receive your annual gift at the monthly spin.



Did You Know?



The custom of throwing rice at the newlywed couple was to symbolize fertility. Today some still throw rice, but more commonly confetti or rose petals are thrown in place of rice due to a number of practical and environmental reasons—the symbolism remains the same! (Rice can be hazardous and often fatal to birds who frequently attempt to eat it off the ground. It is also very easy to slip upon, presenting potential for injury.)

Queen Victoria started the Western world's white wedding dress trend in 1840. Before then, brides simply wore their best dress, regardless of color. It was also considered unlucky for the bride to make her own wedding dress.



There is meaning behind the wedding custom of "something old, something new, something borrowed, something blue." The "old" thing was a personal gift from the bride's mom to make a bond to the bride's old life. The "new" item symbolized hope for the future and the newly formed family. The "borrowed" item was a gift from a happily married woman that would carry some of the woman's happiness into the new marriage. The something "blue" came from two sources that had similar meanings. To ancient Romans,

maidens wore blue to show fidelity and modesty, and to Christians, blue was linked to the purity of the Virgin Mary.

Back in the Middle Ages, it was traditional for people to bang pots, ring cowbells and generally make a lot of discordant noise after the wedding ceremony to ward off evil spirits. In modern history, it became traditional to tie tin cans to the bumper in reflection of this old practice.



The tradition of a wedding cake comes from ancient Rome, where revelers broke a loaf of bread over a bride's head for fertility's sake.

The bride's friends would gather together to help prepare the bride for her wedding. Often, they would bring a small gift. It became popular in the 1800's to place these gifts in a parasol and then open the parasol over the bride's head, "showering" her with these gifts. Wedding customs such as this have changed somewhat over the years, thank goodness.



Volume 11, Issue 6 Page 4



SAFETY JUNE is National Safety Month

Each June, the National Safety Council encourages businesses to get involved and participate in National Safety Month. Each week carries a theme that brings attention to critical safety issues.

Listed below are the weeks and their themes. Each week during the month of June, the poster and tip sheet for that week will be posted on the plant and office bulletin boards. Take a moment to look over both and do your part to "Act on Safety."

There will also be a calendar from the National Safety Council on the bulletin boards, which will list a safety tip each day of the month. Read and use these tips and share them with your friends and family. Let's join the National Safety Council in reducing the number of preventable injuries and deaths plaguing the United States.

• Week 1 June 1-6 Prescription Drug Overdose Prevention

Week 2 June 7-13 Teen Driving Safety

Week 3 June 14-20 Preventing Overexertion at Work & at Home

• Week 4 June 21-27 Dangers of Cell Phone Use While Driving

Week 5 June 28-30 Summer Safety



Also, in the employee lunchroom and in the front office there will be two booklets pertaining to safety. One is Safety Tips from the National Safety Council, with safety information on topics like canoeing, bicycling, skateboarding, playground safety, fireworks, etc. The other is a National Safety Council White Paper on "Understanding the Distracted Brain—Why driving while using hands-free cell phones is risky behavior". Both are well worth reading.

Safety Reminder

By The Safety Team

Slings, chains, straps, and other crane or hoist hooks need to be cared for like any other tool we use. Too often they are found lying on the ground, sometimes sitting in water, oil or grease—or left in areas where fork trucks travel. When left on the ground, they could become damaged and put an employee at risk of injury if a failure occurred—or we could damage our customers' work.

The best way to care for these items is to hang them on storage hooks, or put them on a storage shelf. Some areas have hooks installed already. If you see an area where installing hooks will help, please let any Supervisor or Safety Team member know.





It is important to care for the tools and equipment we use. Help keep our employees safe by properly storing the Slings, Chains, Straps, and other hooks and devices used on our cranes and hoists.

Thanks,

The Safety Team

SAFETY SLOGANS:

A DANGER FORESEEN IS HALF AVOIDED.

DON'T BE A FOOL. USE THE PROPER TOOL.

BEING ALERT NEVER HURTS.

DON'T PUT YOUR LIFE ON THE LINE—THINK SAFETY.